connection

Serving Residents of North Clackamas County

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Drag Bingo & Oregon Ballet Theatre 2
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Bingo Volunteers Needed
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Supported by the Milwaukie Community Center Foundation

North Clackamas Parks & Recreation District
CENTER SUPERVISOR’S MESSAGE

Each April the Milwaukie Community Center holds its annual Volunteer Recognition event. This gives us the opportunity to gather many of our volunteers together to celebrate their contributions to the community. It truly is one of my favorite days of the year, as I see a large sampling of the team of people who have joined together to make this place what it is. Most of the programming and services we offer are touched or driven by volunteers. While we have a truly amazing team of volunteers, the nature of our operations requires a constant new stream of volunteers as people leave or age out of their jobs. Joseph, our Volunteer Coordinator, and the rest of the MCC staff are dedicated to working with each new volunteer to find a job that fits both a person’s skills and schedule. The result is a volunteer position that is both as flexible and rewarding as possible for each individual. As I celebrate my 28th year of working at the Center, I can reflect on the reasons why I have stuck around so long and have enjoyed my work so much. I can truly say the number one reason is all the truly special volunteers. I have always thought about what a privilege it is to work in an environment where the majority of the work force cares enough to generously volunteer their time. It is an amazing team to be a part of.

Marty Hanley, Center Supervisor
(503) 794-8058 I martyh@ncprd.com

ABOUT THE MILWAUKIE COMMUNITY CENTER

Let’s talk! The North Clackamas Park and Recreation District (NCPRD) is now offering translation services in 82 different languages. In partnership with Pocketalk, our staff uses real-time translation technology to bridge language gaps with non-English speaking residents and remove barriers to programs and services. Visit the front desk for assistance.

The Milwaukie Community Center opened in January 1980 as a resource for community members seeking stability, support, friendship and laughter. The Center offers a wide range of programs and services to meet the diverse needs of the community. We offer social services, resources and classes for all ages. Need space for your next event? Milwaukie Community Center has rental space of varying capacity.

Cover image by Hamid Shibata Bennett.
DIRECTORY

MAIN NUMBER ........ (503) 653-8100

CENTER SUPERVISOR
Marty Hanley ........... (503) 794-8058

OFFICE SPECIALIST
Jessi La Main ............ (503) 794-8067

SOCIAL SERVICES
Linda Whitmore .......... (503) 794-8037
Jamie Davie ............... (503) 794-8040
Diana Cone ................. (503) 794-8038

MEALS ON WHEELS
Lisa Kasubuchi .......... (503) 794-8035
Judy Wellington, Frank Cuccurullo, Courtney Johnson

RECREATION
Tina Johnson .............. (503) 794-8092
Pam Martin, Jan Pearlman, Sarah Kreiter, Maria Lopez

FACILITY RENTALS
Rachelle Bonsi ........... (503) 794-8013

FOUNDATION OFFICE
Stan Catherman .......... (503) 794-8043

TRANSPORTATION
Anna Hernandez .......... (503) 794-8014
Mysti Trujillo, Kelly Kim, Kevin O’Hollearn

VOLUNTEER COORDINATOR
Joseph Hyder ............. (503) 794-8034

YOUR CONNECTION

The Milwaukie Community Center Connection is a magazine-format newsletter produced six times a year, and is your resource for up-to-date activities, programs and events. The printed newsletter is available at the Center, and shared online at ncprd.com/mcc-connection. If you would like to submit story ideas or recommendations on how we can further improve the newsletter, email us at milwaukiecenter@ncprd.com.

Thanks to MCC Foundation for supporting the printing of this publication.

PHOTO POLICY

NCPRD and the Milwaukie Community Center reserve the right to photograph classes, programs, events and participants at any of our facilities and parks or any sponsored activity. If you do not wish to be photographed or would like a photo of yourself to be discontinued from use, please notify staff.

NON-DISCRIMINATION POLICY

Consistent with the policy of Clackamas County, the Milwaukie Community Center is committed to compliance with all state and federal non-discrimination directives, including Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act Title II.

MILWAUKIE COMMUNITY CENTER ADVISORY BOARD

The advisory board meets the second Friday of each month at 9:30 a.m. The public is welcome to attend.

MEMBERS
Wilda Parks, Chair
Paul Ellison, Vice Chair
Ben Horner-Johnson, Secretary
Joel Bergman
Mark Elliott
Rebecca Hollenbeck
Virginia Seitz
Marilyn Shrum

MILWAUKIE COMMUNITY CENTER FOUNDATION

The full MCCF Board meets the third Wednesday of the month at 9:30 a.m. If you wish to attend, contact Stan Catherman at (503) 794-8043.

MEMBERS
Angela Wright - Chair
Penny Zeiler - Vice Chair
Tomma Bersie - Secretary
Vacant - Treasurer
Betty Dominguez - At Large
Lin Brockman
Juanita Crawford
Nancy Leifheit
Kathleen Loeffl
Dave McDowell
Kerry Nelson
Kendel White
Stan Catherman - Foundation Director

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GREETINGS FROM THE FOUNDATION
DEVELOPMENT OFFICE

Spring is swinging into summer, bringing with it a wave of excitement and activity here at the Center! As we embrace the season of renewal, I want to share some exciting updates and upcoming events with you.

Next on our agenda is our **Annual Italian Dinner** scheduled for May 4. Time is running out to secure your tickets for this delicious event! Whether you’re a lover of Italian cuisine or simply enjoy good food and great company, don’t miss out. Tickets can be purchased with the QR code provided on page 20, aftontickets.com/ItalianDinner or at the front desk.

A heartfelt thank you to all who participated in our **March for Meals** campaign. We Marched right into April because the response was so great. Your generosity has enabled us to provide countless meals for our elderly and homebound community members, making a tangible difference in their lives. You can continue your regular support at meals4seniors.com.

In honor of the late Bob Moore and his unwavering commitment to community support, we’ve launched the **Bob Moore Memorial** campaign. We invite those who were touched by his legacy to contribute to this cause and help us continue his invaluable work. You can make your tax deductible donation at Donate4Bob.com.

As we approach June, I’m excited to announce our 2nd annual **Pride Bingo** event in celebration of Pride Month. Details can be found on page 21 of our publication, so mark your calendars and join us for an evening of fun and inclusivity.

To reach more individuals in our community, we’ve expanded the pages and doubled the copies of our Connection publication. If you know of a business or facility where we could distribute these materials, please don’t hesitate to reach out.

Thank you for your continued support and participation. Together, we can make a positive impact and foster a stronger, more connected community for all.

Stan Catherman
MCC Foundation Director
(503) 794-8043
stan@MilwaukieCCFoundation.org

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**34th Annual**

**ITALIAN DINNER**

**SAT., MAY 4 | 4-8 P.M.**

See page 20.
SPONSOR THE MCC CONNECTION!

We’ve added a Community Resource section in the MCC Connection that will feature local businesses. Get more visibility for your business or organization by becoming a sponsor!

Interested?

For more information, contact Stan Catherman at stan@milwaukieccfoundation.org.
THE LIBRARY GETS A MAKEOVER!

During spring break, the Center’s library received a major makeover to energize the space and better accommodate the needs of our ongoing programs and services. The Brookdale Foundation contributed $3,000 in grant money and the Milwaukie Community Center Foundation paid the remaining $13,000 to complete the project. A big thank you to Paul and Ron Johnson, owners of Cash’s Drapery in Milwaukie, for their generous donation of the library’s new cordless shades (valued at about $1,000).

**Exciting improvements included:**

- Repainted all surfaces (walls, bookshelves and fireplace)
- New cordless shades for improved lighting
- New worktables suitable for large/small groups, durable ergonomic chairs
- New round activity/puzzle table
- New love seats and side tables
- Modern, comfortable couch with lumbar support

Stop by to see the new and improved library!
ANOTHER TAX SEASON IN THE BOOKS

The Center’s Tax-Aide program provides yearly tax assistance, free of charge, for older adults and individuals who have a low income or are experiencing a disability. This year, we were able to help file tax returns for over 600 Milwaukie Community Center patrons, getting a total of $443,650 in refunds for people! Total adjusted gross income of all the e-filed returns was $20,511,507.

Thank you volunteers!
The success of this program is made possible thanks to nine dedicated tax preparers, supported by three facilitators and nine volunteers who scheduled all the appointments and made reminder calls. The Tax-Aide preparers are trained by the IRS and the State Department of Revenue, and have donated their time and expertise at the Milwaukie Community Center – some for many years!

“I think most of us enjoy doing taxes because we like numbers and challenges, we like working with people and each other, and we see this as a valuable service. So many people feel intimidated by taxes, numbers, and the IRS, and I think our being there helps make sense of it and relieves a lot of stress.”
-Susan M.
Lead Tax Preparer

“Volunteering for the AARP tax program is fun and rewarding. I check the phone line for calls and then contact the people who would like to make a tax appointment. When the phone is answered and the person realizes who is calling, they become excited and appreciative. They are so happy to be able to receive a tax appointment. It is a great feeling to make someone’s day!”
-Judy H.
Long-time Scheduler
NUTRITION PROGRAMS

MEALS ON WHEELS
The Milwaukie Community Center’s Nutrition Program has provided Meals on Wheels to community members in North Clackamas County for the last 40 years. Over 75,000 meals are served each year to homebound older adults and people with disabilities. Nutritious meals are made fresh daily and delivered directly to homes by dedicated volunteers – rain or shine. To learn about qualifications and how to apply, call Social Services at (503) 653-8100.

PETE’S CAFÉ
Pete’s Café provides a central place at the Milwaukie Community Center for friends and neighbors to gather and enjoy food crafted in-house from fresh ingredients. Offerings include specialty salads, homemade soups, made-to-order sandwiches, hamburgers, hot dogs, and warm and cold beverages. M - F, 9 A.M. - 12:45 P.M.

TRILLIUM LUNCH
A hot, well-balanced lunch is served daily in the Trillium Room at Pete’s Café. To see the full list of upcoming meals served each day, please visit ncprd.com/nutrition-program. M-F, 11:45 A.M. - 12:30 P.M. $3 SUGGESTED DONATION FOR AGES 60+, $5 FOR UNDER AGE 60

FOOD SCRAP COLLECTION
In a step toward sustainability, the Milwaukie Community Center is participating in Clackamas County’s program to reduce and reuse food waste. After patrons have finished their meals, volunteers clear the dishes and separate food waste, scraping off food into the correct bin. Keeping food waste out of landfills helps prevent greenhouse gas pollution. Every Monday the County picks up the bins, and from there the food waste is taken to a composting facility that combines it with yard debris to turn it into fertilizer. Eventually, it will be used as a source of alternative energy as well as fertilizer.

March for Meals
A heartfelt thank you to all who participated in our March for Meals campaign. Your generosity has enabled us to provide countless meals for our elderly and homebound community members. You can continue your regular support at meals4seniors.com
HEALTHY AGING PROGRAMS

The Milwaukie Community Center offers Healthy Aging Programs focusing on a variety of education and health topics presented by local professionals.

EARLY MEMORY LOSS PROGRAM

“It’s All About Memory” (EML) is a social program specifically designed for individuals experiencing early memory loss as well as those who would like to actively work on maintaining their cognitive function as they age. This program focuses on learning techniques to improve mental fitness through education, memory enhancing exercises, and social engagement. This confidential, social, and educational program provides opportunities to have fun, meet with peers experiencing memory loss, and keep your mind and body active. This six-session class runs every other Friday 6/28, 7/12, 7/26, 8/9, 8/23, 9/6. Register online at ncprd.com.

FEE: 6-WEEK CLASS, $48
10 A.M. - NOON          F          6/28-9/6

ESTATE PLANNING 101: PROTECTING YOURSELF AND YOUR FAMILY

Join Oregon attorney, Michael Rose, as he discusses why you must have more than just a will prepared in 2024. Mr. Rose will discuss how you can protect yourself and your family in the event that you or a loved one need long term care, or passes away. Topics include the most expensive estate planning mistakes, how to avoid probate, protecting your assets with trusts, avoiding estate taxes, and more!

FREE
12:30 - 1:30 P.M.          T           5/14

HOW TO AFFORD LONG-TERM CARE

Worried about long-term care? Join Oregon attorney, Michael Rose, as he discusses how to pay for long-term care, including qualifying for Medicaid without impoverishing your spouse, and qualifying for Medicaid when you have too much money or income.

FREE
12:30 - 1:30 P.M.          T           5/28

VIEWS CONVERSATIONS ON AGING

Conversations on Aging is a peer facilitator program that provides seniors with free opportunities to talk about specific topics around the challenges of aging in a welcoming and confidential atmosphere. Conversations are held on the first Friday of each month from 10-11:30 a.m. and vary by topic.

FREE
1ST FRIDAYS OF EVERY MONTH
10 - 11:30 A.M.

Friendships As We Age
(Friday, May 3)

As we age, we may experience the loss of friends due to any number of reasons. Losing friends, whatever the cause, can leave a hole in the fabric of our lives. Let’s talk about the process and challenges of making new friends in our senior years and the importance of having friends whatever our age.

FREE
10 - 11:30 A.M.          F           5/3

Forgetfulness
(Friday, June 7)

Do you find that more and more, you are spending a lot of time looking for your glasses or keys? While these situations may be concerning, they may just be a normal part of aging. Come join us in a discussion about your experiences with and concerns about forgetfulness.

FREE
10 - 11:30 A.M.          F           6/7

Resilience
(Friday, July 5)

As we age, we may feel increased vulnerability to the stresses that life presents. Resiliency can help counter this vulnerability and restore our equilibrium in the midst of life’s challenges.

FREE
10 - 11:30 A.M.          F           7/5
APAC RESPITE PROGRAM
“A Place at the Center” (APAC) is an activities program that is specially designed for people experiencing memory loss due to Alzheimer’s, stroke, or other neurological conditions. The group allows the family caregiver to take valuable respite time, and the participant benefits from social engagement. APAC meets in the library on Wednesdays, with lunch served and a variety of enrichment activities including music therapy, arts, cognitive stimulation, and movement. For additional information, hours, application, and fees, call Diana at (503) 794-8038.

WEDNESDAYS

BLOOD PRESSURE CHECK
Drop in and get your blood pressure checked by volunteer nurses.
FREE
10 - 11:30 A.M.  2ND TUESDAY

BRAIN GAMES
Join in on fun activities, including brain games and other memory enhancing exercises to stimulate our brains while having fun and meeting new people. The activities are designed for all abilities.
DROP IN ACTIVITY FEE: $1
10:30 A.M. - NOON  2ND WEDNESDAY

BUS TRANSPORTATION
Stay active and connected to the community. Our lift-equipped buses will take you from your home to the Center, Monday-Friday, with a suggested donation $3 round trip. The buses can also take you to Fred Meyer to go grocery shopping on Tuesdays, with a suggested donation $4. Call Anna for more information, (503) 794-8014.

CAREGIVERS SUPPORT GROUP
This drop-in group is designed for individuals caring for a spouse, parent, friend or sibling. It provides participants an opportunity to share ideas and meet with others who are experiencing similar challenges. Occasional speakers.
FREE
1 - 2:30 P.M.  2ND AND 4TH WEDNESDAY
FOOT CARE
This service is offered by registered nurses who specialize in foot care. The service includes a foot care exam, toenail and callus trim, and lotion rub. To schedule an appointment, call (503) 794-8038 and leave your name and phone number for a return call.
$50
8:30 A.M. - 3 P.M. TUESDAYS

MEDICAL EQUIPMENT LOAN PROGRAM
Durable medical equipment including wheelchairs, walkers, bath benches, commodes, shower chairs, crutches and canes are available for short-term loan. $10 suggested loan fee per item. By appointment only. To reserve equipment, or check availability, please call (503) 653-8100.

SENIOR LAW CLINIC
Volunteer elder law attorneys provide up to a ½ hour free consultation on estate planning issues such as wills, trusts, probate and advanced directives. This service is available to older adults (60+) residing in North Clackamas County. Various Tuesdays of each month, by appointment only. To schedule an appointment, please call (503) 653-8100.
FREE
VARIOUS TUESDAYS

CENTER MEET AND GREET TOUR
Call and set up a time to have a personal tour of the Center and share what your interests are and we can help steer you in the right direction, whether it be signing up for a class, going on a day trip with others, getting a ride to the grocery store, or becoming one of our many beloved volunteers. Call Linda Whitmore at (503) 794-8037 to set up your personal tour.
FREE
## ART

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<tr>
<th>CLASS</th>
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## DANCE

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## LANGUAGE & WRITING

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## STRENGTH AND RELAXATION YOGA IN THE PARK

Levels 2-3. Enjoy the benefits of yoga while surrounded by nature at Risley Park! This class takes all the benefits of yoga – meditation, breathing, stretching, strengthening and balance – and presents it at a slow and gentle pace. Please bring a yoga mat and water. No class July 4.

**LOCATION:** RISLEY PARK (2350 S.E. SWAIN AVE.)

**FEE:** $50, 62+ $38

**TIME/DATE:** 11 A.M.-NOON TH 6/27-8/29
## TO REGISTER FOR WORKSHOPS AND CLASSES, GO TO NCPRD.COM OR CALL (503) 794-8092

### FITNESS & HEALTH

**LEVEL 1** NEED SUPPORT (CHAIR FITNESS) | **LEVEL 2** BEGINNER  
**LEVEL 3** ACTIVE NOW (INTERMEDIATE) | **LEVEL 4** ATHLETE (ADVANCED)

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<td>JUN 25-SEP 5</td>
<td>$116</td>
<td>$87</td>
<td>L2-3</td>
<td></td>
</tr>
<tr>
<td>YOGAFLEX</td>
<td>M</td>
<td>1:30-2:15PM</td>
<td>JUN 24-AUG 26</td>
<td>$43</td>
<td>$32</td>
<td>L1-3</td>
<td></td>
</tr>
<tr>
<td>ZUMBA GOLD TONING*</td>
<td>M</td>
<td>NOON-1PM</td>
<td>JUN 24-AUG 26</td>
<td>$55</td>
<td>$41</td>
<td>L2-3</td>
<td></td>
</tr>
<tr>
<td>ZUMBA GOLD TONING*</td>
<td>W</td>
<td>NOON-1PM</td>
<td>JUN 26-SEP 4</td>
<td>$61</td>
<td>$46</td>
<td>L2-3</td>
<td></td>
</tr>
<tr>
<td>ZUMBA*</td>
<td>T</td>
<td>6:40-7:40PM</td>
<td>JUN 25-AUG 27</td>
<td>$50</td>
<td>$38</td>
<td>L3-4</td>
<td></td>
</tr>
<tr>
<td>ZUMBA*</td>
<td>TH</td>
<td>6:40-7:40PM</td>
<td>JUN 27-AUG 29</td>
<td>$50</td>
<td>$38</td>
<td>L3-4</td>
<td></td>
</tr>
</tbody>
</table>

**Night Classes**  
*Zoom options available  **Zoom only  
*Please do not wait to register first day of class.

---

NCPRD.COM/MILWAUKIECENTER  •  (503) 653-8100
### TECHNOLOGY & COMPUTER LITERACY

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAY</th>
<th>TIME</th>
<th>DATES</th>
<th>FEE</th>
<th>FEE AGE 62+</th>
</tr>
</thead>
<tbody>
<tr>
<td>SMARTPHONE BEGINNER 1</td>
<td>T</td>
<td>2:15-3:45PM</td>
<td>JUN 25-AUG 13</td>
<td>$66</td>
<td>$49</td>
</tr>
</tbody>
</table>

### ACTIVITY GROUPS

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>DAY</th>
<th>TIME</th>
<th>DATES</th>
<th>FEE NON</th>
<th>FEE RESIDENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>BILLIARDS</td>
<td>M-F</td>
<td>8AM-4PM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00 ALL DAY</td>
</tr>
<tr>
<td>DAYTIME BINGO</td>
<td>T/TH</td>
<td>12:45-1:45PM</td>
<td>DROP IN</td>
<td>$0.50</td>
<td>$0.25 PER CARD</td>
</tr>
<tr>
<td>EVENING BINGO!</td>
<td>TH</td>
<td>6-9:30PM</td>
<td>DROP IN</td>
<td>-&gt;</td>
<td>$4-6 PER PACKET**</td>
</tr>
<tr>
<td>GAME DAY</td>
<td>T</td>
<td>2-4PM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00</td>
</tr>
<tr>
<td>PARTY BRIDGE</td>
<td>TH</td>
<td>12:30-3:30PM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
<tr>
<td>MT. DULCIMER JAM</td>
<td>F</td>
<td>NOON-2PM</td>
<td>1ST &amp; 3RD F</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
<tr>
<td>CHINESE MAH JONGG</td>
<td>M</td>
<td>12:30-3:30PM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
<tr>
<td>MAH JONGG</td>
<td>W</td>
<td>12:30-3:30PM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
<tr>
<td>UKULELE JAM</td>
<td>W</td>
<td>6-7:15PM</td>
<td>1ST &amp; 3RD W</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
<tr>
<td>UKULELE JAM</td>
<td>TH</td>
<td>9:30-11AM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
<tr>
<td>WOODCARVING</td>
<td>W</td>
<td>8-11:30AM</td>
<td>DROP IN</td>
<td>$2.00</td>
<td>$1.00 PER SESSION</td>
</tr>
</tbody>
</table>

**Note:**
- **Evening BINGO!**: $6 first packet; $5 second packet; $4 third packet
- **Mt. Dulcimer and Ukulele Jams**: Times subject to change. Please call (503) 794-8092.
Join us as we explore the great outdoors together! The Milwaukie Community Center will be offering group hikes during the summer months (June – August). All trips leave from and return to the Milwaukie Community Center. Bring money for lunch. Sorry, no dogs allowed.

<table>
<thead>
<tr>
<th>DATE</th>
<th>HIKE DESTINATION</th>
<th>DISTANCE/ DIFFICULTY</th>
<th>DEPARTURE/ RETURN TIME</th>
<th>LUNCH DESTINATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, June 27</td>
<td>Mt. Scott Creek Trail</td>
<td>1.75 miles MODERATE</td>
<td>9:30 a.m./ 1 p.m.</td>
<td>Happy Valley Food Carts</td>
</tr>
<tr>
<td></td>
<td>(Happy Valley, OR)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thursday, July 18</td>
<td>Graham Oaks Nature Park</td>
<td>2.5 miles EASY</td>
<td>9:30 a.m./ 2 p.m.</td>
<td>Oswego Grill</td>
</tr>
<tr>
<td></td>
<td>(Wilsonville, OR)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thursday, August 29</td>
<td>Oaks Bottom Wildlife Refuge</td>
<td>2.6 miles MODERATE</td>
<td>9:30 a.m./ 1 p.m.</td>
<td>Sellwood neighborhood</td>
</tr>
<tr>
<td></td>
<td>(Portland, OR)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**FEE:** $10 per hike; due at time of registration

**NOTE:**
Hikes are targeted for active (60+) adults, vary in distance and difficulty, and take place rain or shine. Registrants must be able to complete hikes ranging from 2-4 miles in length, on uneven surfaces, and without assistance. For more information, or to register for an upcoming hike, call (503) 653-8100.
center programs

Summer Camps

NCPRD offers a wide variety of summer camps to keep children of all ages and interests active, learning and having fun all summer long. Check out the STEAMventures science camps and the Play-Well LEGO camps being offered at the Milwaukie Community Center this summer.

- **PLAY-WELL: ANIMAL ADVENTURES USING LEGO MATERIALS | Ages 5-7**
- **PLAY-WELL: BASH ‘EM BOTS USING LEGO MATERIALS | Ages 7-12**
- **PLAY-WELL: EXPLORATIONS USING LEGO MATERIALS | Ages 7-12**
- **PLAY-WELL: MINECRAFT ENGINEERING USING LEGO MATERIALS | Ages 5-7**
- **PLAY-WELL: POKÉMON MASTER ENGINEERING USING LEGO MATERIALS | Ages 5-7**
- **STEAMVENTURES: BLAST OFF | Ages 7-10**
- **STEAMVENTURES: IT’S NOT ROCKET SCIENCE – IT’S FLIGHT | Ages 6-9**
- **STEAMVENTURES: MINI WORLD IN A BOTTLE | Ages 7-10**
- **STEAMVENTURES: PLANTS, ANIMALS, AND BUGS OH MY! | Ages 7-10**

See full camp schedule and register at: ncprd.com/summer-camps

**RECMOBILE**

RecMobile is coming to a park near you! Join our recreation staff Monday through Friday at select parks throughout the District for free drop-in activities. Children, ages 6-10, can get outside for fun in the sun, including playing games, making crafts and meeting new friends! Each week features an exciting theme to ignite young imaginations. See full schedule at ncprd.com/recmobile. No program July 4.

**LOCATION:** MULTIPLE PARKS IN THE DISTRICT

**FEE:** FREE

**TIME/DATE:** 11 A.M.-1 P.M. & 2-4 P.M. M-F 6/24-8/9
# Kids Classes & Summer Camps

<table>
<thead>
<tr>
<th>Class</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Fee Non</th>
<th>Fee Resident</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>TINY TOTS PRE-BALLET</td>
<td>W</td>
<td>4-4:30PM</td>
<td>JUL 3-AUG 21</td>
<td>$111 NR</td>
<td>$89 NCPRD</td>
<td>3-4</td>
</tr>
<tr>
<td>LITTLE DANCERS BALLET &amp; JAZZ</td>
<td>W</td>
<td>4:40-5:25PM</td>
<td>JUL 3-AUG 21</td>
<td>$121 NR</td>
<td>$97 NCPRD</td>
<td>5-6</td>
</tr>
<tr>
<td>BEGINNER DANCERS BALLET &amp; JAZZ</td>
<td>W</td>
<td>5:35-6:20PM</td>
<td>JUL 3-AUG 21</td>
<td>$121 NR</td>
<td>$97 NCPRD</td>
<td>6-8</td>
</tr>
<tr>
<td>STEAMVENTURES: IT'S NOT ROCKET SCIENCE*</td>
<td>M-F</td>
<td>1-4PM</td>
<td>JUL 8-12</td>
<td>$235 NR</td>
<td>$188 NCPRD</td>
<td>6-9</td>
</tr>
<tr>
<td>STEAMVENTURES: PLANTS, ANIMALS AND BUGS*</td>
<td>M-F</td>
<td>9AM-NOON</td>
<td>JUL 8-12</td>
<td>$235 NR</td>
<td>$188 NCPRD</td>
<td>7-10</td>
</tr>
<tr>
<td>STEAMVENTURES: MINI WORLD IN A BOTTLE*</td>
<td>M-F</td>
<td>1-4PM</td>
<td>JUL 15-19</td>
<td>$235 NR</td>
<td>$188 NCPRD</td>
<td>7-10</td>
</tr>
<tr>
<td>STEAMVENTURES: BLAST OFF*</td>
<td>M-F</td>
<td>9AM-NOON</td>
<td>JUL 15-19</td>
<td>$235 NR</td>
<td>$188 NCPRD</td>
<td>7-10</td>
</tr>
<tr>
<td>*FULL DAY CAMP UPGRADE</td>
<td>M-F</td>
<td>NOON-1PM</td>
<td>JUL 8-12 OR JUL 15-19</td>
<td>$13 NR</td>
<td>$10 NCPRD</td>
<td>5-10</td>
</tr>
<tr>
<td>PLAY-WELL: POKEMON ENGINEERING</td>
<td>M-F</td>
<td>9AM-NOON</td>
<td>JUL 22-26</td>
<td>$246 NR</td>
<td>$197 NCPRD</td>
<td>5-7</td>
</tr>
<tr>
<td>PLAY-WELL: ANIMAL ADVENTURES</td>
<td>M-F</td>
<td>1-4PM</td>
<td>JUL 22-26</td>
<td>$246 NR</td>
<td>$197 NCPRD</td>
<td>5-7</td>
</tr>
<tr>
<td>PLAY-WELL: MINECRAFT ENGINEERING</td>
<td>M-F</td>
<td>9AM-NOON</td>
<td>JUL 29-AUG 2</td>
<td>$246 NR</td>
<td>$197 NCPRD</td>
<td>5-7</td>
</tr>
<tr>
<td>PLAY-WELL: BASH 'EM BOTS</td>
<td>M-F</td>
<td>1-4PM</td>
<td>JUL 29-AUG 2</td>
<td>$246 NR</td>
<td>$197 NCPRD</td>
<td>7-12</td>
</tr>
<tr>
<td>PLAY-WELL: EXPLORATIONS</td>
<td>M-F</td>
<td>9AM-NOON</td>
<td>AUG 5-9</td>
<td>$246 NR</td>
<td>$197 NCPRD</td>
<td>7-12</td>
</tr>
<tr>
<td>STEAMVENTURES: IT'S NOT ROCKET SCIENCE*</td>
<td>M-F</td>
<td>1-4PM</td>
<td>AUG 5-9</td>
<td>$235 NR</td>
<td>$188 NCPRD</td>
<td>6-9</td>
</tr>
</tbody>
</table>

*Please do not wait to register first day of class.*
Go Places with Travel Trips!

- Enjoy the scenery, make new friends and relax while adventuring to exciting destinations.
- All trips leave from and return to the Milwaukie Community Center.
- Standing and walking are required on most trips. Wear comfortable shoes and dress appropriately.
- Reserve your seat – some of our most popular trips fill quickly!
- Trip registrations are accepted and confirmed Monday through Friday, 9 a.m.-1 p.m. at the Travel Desk or by calling (503) 794-8026. Phone registrations are confirmed by seating availability and payment made in full with our Travel Desk agents.
- All registrants are required to complete a registration form prior to trip departure.

ILANI CASINO

Join us for a day at the casino. With 3,000 slot machines to thrill you, they have something for everyone. You’ll also have many options for lunch as they have several different restaurants to choose from. Bring money for lunch and slot machines.

FEE: RESIDENT, $26; NON-RESIDENT, $33
TIME/DATE: 10 A.M.-3 P.M. W 5/8
GUSTAV’S IN VANCOUVER
Gustav’s provides fresh, seasonal and high quality German cuisine in a casual and festive atmosphere. Bring money for lunch.

FEE:  RESIDENT, $22; NON-RESIDENT, $28
TIME/DATE:  11 A.M.-2 P.M.  F  5/24

RICE MUSEUM OF ROCKS & MINERALS
The Rice Museum of Rocks & Minerals houses a world-class collection recognized as the finest in the Pacific Northwest and one of the best in the nation. Bring money for purchases, lunch at Copper River Restaurant & Bar, and $18 entry fee for museum.

FEE:  RESIDENT, $23; NON-RESIDENT, $29
TIME/DATE:  10:30 A.M.-3 P.M.  TH  6/6

OTTO AND ANITA’S BAVARIAN RESTAURANT
With over 55 years of experience, Chef Otto and his wife and Pastry Chef Anita share their Bavarian cuisine. Don’t forget the dill pickle soup! Bring money for lunch.

FEE:  RESIDENT, $16; NON-RESIDENT, $20
TIME/DATE:  11 A.M.-2 P.M.  TH  6/20
ITALIAN DINNER  
Hosted by Milwaukie Community Center Foundation

Gather under twinkling lights and enjoy a delicious, authentic Italian meal prepared by local chefs. Menu includes spaghetti with meat sauce or vegetarian marinara sauce, green salad with antipasto, garlic bread and tiramisu. All proceeds benefit the Center’s programs, including Meals on Wheels. Wine and beer will be available for purchase. Tickets can be purchased through aftontickets.com/ItalianDinner or at the front desk.

LOCATION:  MILWAUKIE COMMUNITY CENTER  
FEE:  $18 FOR ADULTS; $10 FOR 12 AND UNDER  
DATE/TIME: SATURDAY, MAY 4  
4-8 P.M.

OREGON BALLET THEATRE 2

Join us for this special afternoon of classic and contemporary dance with something for the whole family! This year’s performance will feature classical works from Sleeping Beauty, Swan Lake, and La Bayadère. It will also feature original choreography from OBT’s Artistic Director, Dani Rowe and OBT2 Director, Dominic Walsh. Oregon Ballet Theatre’s junior ensemble OBT2 features dancers who are on the cusp of their professional careers. Meet the ballerinas and have your photo taken after the show! All proceeds benefit Oregon Ballet Theatre 2 and scholarships for classes at the Milwaukie Community Center. Doors open at 4:30 p.m.

LOCATION:  MILWAUKIE COMMUNITY CENTER  
FEE:  SUGGESTED DONATION $5  
DATE/TIME: SATURDAY, MAY 18  
5 P.M., DOORS OPEN AT 4:30 P.M.
CELEBRATE PRIDE DRAG BINGO  
Hosted by Milwaukie Community Center Foundation

Don't miss a fun evening with Poison Waters, Portland’s premier drag queen and emcee. Enjoy gourmet bites, dessert, beer and wine. There will be fun bingo prizes and Darcelle XV performers. Proceeds benefit Milwaukie Community Center programs and services, including Meals on Wheels.

LOCATION:  MILWAUKIE COMMUNITY CENTER
FEE:  $60 PER PERSON
DATE/TIME:  SUNDAY, JUNE 30 4-8 P.M.

POLLINATION CELEBRATION

For National Pollinator Week, join us in discovering the wonderful world of pollinators and learn what you can do to support pollinator health through interactive activities, info booths and crafts. Enjoy free face painting and wildflower seeds at this family-friendly event.

LOCATION:  STRINGFIELD FAMILY PARK  
(3614 S.E. NAEF RD.)
FEE:  FREE
DATE/TIME:  SATURDAY, JUNE 22 1-3 P.M.
GREAT AMERICAN BBQ

Mark your calendars for a delicious BBQ lunch. The menu includes a burger or hot dog, with sides and a drink. Vegetarian options are available. For more information, call the Nutrition Program at (503) 794-8035.

LOCATION: MILWAUKIE COMMUNITY CENTER

FEE: $3 SUGGESTED DONATION FOR AGES 60+, $5 FOR UNDER AGE 60

DATE/TIME: THURSDAY, JULY 11 NOON-1 P.M.

CONCERTS IN THE PARK

Get ready for memorable summer evenings with the return of our popular Concerts in the Park series. These FREE concerts will feature a variety of musical performances to fill the air! Bring your family and friends to enjoy a night of music and delicious food vendors. Don’t forget your lawn chairs or blankets for seating.

PETTY FEVER (Award-Winning Tom Petty Tribute Band)
Location: Milwaukie Bay Park
Time/Date: 5-8 p.m. (music starts at 6 p.m.)  Sa 7/13

CLANCY NEWMAN & STEWART GOODYEAR (Chamber Music NW)
Location: North Clackamas Park
Time/Date: 6:30-8 p.m. (music starts at 7 p.m.)  Tu 7/16

RED YARN (Folk Music/Puppetry)
Location: Ardenwald Park
Time/Date: 5-7 p.m. (music starts at 6 p.m.)  Th 7/25
Hosted by Milwaukie Community Center Foundation

BINGO!

CASH PRIZES  |  SNACKS AVAILABLE FOR PURCHASE  |  FUN ATMOSPHERE

Every Thursday evening
at Milwaukie Community Center

COMING SOON! We’ll be adding
Tuesday Night Bingo as well.

DOORS OPEN AT 4:30 P.M.
EARLY BIRDS START AT 6:30 P.M.  |  REGULAR GAMES START AT 7 P.M.

12 regular games  |  5 blackout games

Proceeds benefit Meals on Wheels and the Social Services at the Center.

MILWAUKIECCFOUNDATION.ORG/BINGO
GAME ON: THE ULTIMATE TEEN NIGHT
This teens-only event provided a fun and safe space to hang out and socialize with peers. Thanks to the 57 teens who joined us for a fun night of games, crafts, karaoke and pizza.

Photos by Hamid Shibata Bennett.
VOLUNTEER APPRECIATION BRUNCH

We appreciate our volunteers every day, but at the annual Volunteer Appreciation Brunch we come together for the sole purpose of celebrating their many contributions and showing our gratitude. Thank you, volunteers, for all you do!

Photos by Hamid Shibata Bennett.

ADAPTIVE & INCLUSIVE SPRING SOCIAL

This welcoming and fun evening was filled with music, games, snacks and spending time with friends.

Photos by Hamid Shibata Bennett.
MAKE A DIFFERENCE BY VOLUNTEERING

Did you know that the Milwaukie Community Center Foundation’s Thursday Night Bingo is one of the most successful fundraising programs for Meals on Wheels and the services offered at the Center? This weekly event draws hundreds of loyal participants regularly!

Speaking of Bingo, Tuesday nights are still being discussed as an addition to our regular Thursday nights, but we need volunteers to fill key positions. Please contact Joseph Hyder if you are interested and have the availability. If Tuesdays don’t work for you, we need volunteers for Thursday night as well. There are many ways to volunteer your time and join the fun.

Here’s what one of our valuable volunteers, Ann Haldy, says about her experience:

“

The Milwaukie Community Center is such a friendly and welcoming place! I look forward to being here every week. I’ve been able to meet many people from all different walks of life. The staff are great to work with!

- Ann Haldy
Milwaukie Community Center Volunteer

BINGO!

VOLUNTEER OPPORTUNITIES

• Snack Bar Workers
• Floor Walkers – verifying Bingos, selling cards and handling money
• Buy-in Positions – hand out game cards and raffle tickets which were purchased at entry
• Experienced Bingo Caller

INTERESTED IN VOLUNTEERING WITH THE MILWAUKIE COMMUNITY CENTER?

CONTACT OUR VOLUNTEER COORDINATOR:

Joseph Hyder
(503) 794-8034
JHyder@ncprd.com
ncprd.com/milwaukie-center/volunteer
SHOP ARTISAN GIFTS

As we welcome the warm days of summer, Artisan Gifts is filled with delightful treasures crafted by our dedicated artisans. So if you're searching for the perfect gift to give for Mother's or Father's Day, the 4th of July or just wanting to add that special something to your home, our shelves are brimming with enchanting and unique finds for every occasion. When you shop at Artisan Gifts, you're not just acquiring beautiful creations -- you're also supporting our local community of artisans and sustaining the invaluable services provided by the Milwaukie Community Center.

JEWELRY | CERAMICS | ART | WEAVINGS | BLOWN GLASS | CRAFTS | MORE!

STOP BY! MONDAY-FRIDAY: 10 a.m.-3 p.m.

Operated by Milwaukie Community Center Foundation

OTHER ON-SITE SERVICES

To learn about the following on-site services at the Milwaukie Community Center, call (503) 653-8100.

• CAN RECYCLING
• COMMUNITY RESOURCE INFORMATION
• COMPUTER WORKSTATIONS & WI-FI ACCESS
• EMERGENCY FIREWOOD — SEASONAL
• INSURANCE RESOURCES
• MEDICAL EQUIPMENT LOAN
• MEDICARE INSURANCE RESOURCES
• RESOURCE LIBRARY
• VOTER REGISTRATION
• TAX AIDE — SEASONAL
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;11 a.m.-noon – Theron Brayman&quot; 12:30-3:30 p.m. – Chinese Mah Jongg</td>
<td>8:30 a.m.-3 p.m. – Foot Care 10-10:30 a.m. – Preschool Sing-along 12:45-1:45 p.m. – Daytime Bingo 2-4 p.m. – Game Day</td>
<td>8-11:30 a.m. – Woodcarving APAC Respite Program (call for time) &quot;11 a.m.-12:30 p.m. – Broad Highway 12:30-3:30 p.m. – Mah Jongg &quot;6-7:15 p.m. – Ukulele Jam</td>
</tr>
<tr>
<td>12:30-3:30 p.m. – Chinese Mah Jongg</td>
<td>8:30 a.m.-3 p.m. – Foot Care 10-10:30 a.m. – Preschool Sing-along 10-11:30 a.m. – Blood Pressure Check &quot;11 a.m.-12:30 p.m. – Tuneful Tuesday Trio 12:30-1:30 p.m. – Estate Planning 101 12:45-1:45 p.m. – Daytime Bingo 2-4 p.m. – Game Day</td>
<td>8-11:30 a.m. – Woodcarving APAC Respite Program (call for time) &quot;11 a.m.-12:30 p.m. – Broad Highway 12:30-3:30 p.m. – Mah Jongg &quot;6-7:15 p.m. – Ukulele Jam</td>
</tr>
<tr>
<td>&quot;11 a.m.-noon – Theron Brayman&quot; 12:30-3:30 p.m. – Chinese Mah Jongg</td>
<td>8:30 a.m.-3 p.m. – Foot Care 10-10:30 a.m. – Preschool Sing-along 12:45-1:45 p.m. – Daytime Bingo 2-4 p.m. – Game Day</td>
<td>8-11:30 a.m. – Woodcarving APAC Respite Program (call for time) &quot;11 a.m.-12:30 p.m. – Broad Highway 12:30-3:30 p.m. – Mah Jongg 1-2:30 p.m. – Caregivers Support Group</td>
</tr>
<tr>
<td>Closed for Memorial Day</td>
<td>8:30 a.m.-3 p.m. – Foot Care 11:30 a.m.-12:30 p.m. – Tuneful Tuesday Trio 12:30-1:30 p.m. – How to Afford Long-Term Care 12:45-1:45 p.m. – Daytime Bingo 2-4 p.m. – Game Day</td>
<td>8-11:30 a.m. – Woodcarving APAC Respite Program (call for time) &quot;11 a.m.-12:30 p.m. – Broad Highway 12:30-3:30 p.m. – Mah Jongg</td>
</tr>
</tbody>
</table>

**ONGOING DAILY OFFERINGS**

<table>
<thead>
<tr>
<th>TRILLIUM LUNCH</th>
<th>BILLIARDS</th>
<th>PETE’S CAFÉ</th>
<th>ARTISAN GIFTS</th>
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</thead>
<tbody>
<tr>
<td>11:45 a.m. - 12:30 p.m.</td>
<td>8 a.m. - 4 p.m.</td>
<td>9 a.m. - 12:45 p.m.</td>
<td>Mon.-Fri.: 10 a.m. - 3 p.m.</td>
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<tr>
<td>THURSDAY</td>
<td>FRIDAY</td>
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<tr>
<td>♫ 9:30-11 a.m. – Ukulele Jam</td>
<td>10-11:30 a.m. – Friendships As We Age</td>
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<tr>
<td>12:30-3:30 p.m. – Party Bridge</td>
<td>♫ Noon-2 p.m. – Mt. Dulcimer Jam</td>
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<tr>
<td>12:45-1:45 p.m. – Daytime Bingo</td>
<td>Sat. May 4, 4-8 p.m.</td>
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<tr>
<td>6-9:30 p.m. – Evening BINGO!</td>
<td>EVENT: Italian Dinner</td>
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<tr>
<td>♫ 9:30-11 a.m. – Ukulele Jam</td>
<td>♫ 11:30 a.m-1:30 p.m. – The Throwbacks</td>
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<td>♫ Noon-2 p.m. – Mt. Dulcimer Jam</td>
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<tr>
<td>12:30-3:30 p.m. – Party Bridge</td>
<td>Sat. May 18, 5 p.m.</td>
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<tr>
<td>12:45-1:45 p.m. – Daytime Bingo</td>
<td>EVENT: OBT2</td>
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<td>6-9:30 p.m. – Evening BINGO!</td>
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<tr>
<td>♫ 9:30-11 a.m. – Ukulele Jam</td>
<td>11 a.m.-2 p.m. – Gustav’s</td>
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<tr>
<td>12:30-3:30 p.m. – Party Bridge</td>
<td>♫ 11:30 a.m-1:30 p.m. – Mary &amp; The Jazz Tones</td>
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Schedules and programs are subject to change without notice. Contact us for the latest updates.

(503) 653-8100
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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</thead>
<tbody>
<tr>
<td>♫ 11 a.m.-noon – Theron Brayman 12:30-3:30 p.m. – Chinese Mah Jongg</td>
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<tr>
<td>♫ 8:30 a.m.-3 p.m. – Foot Care 12:45-1:45 p.m. – Daytime Bingo 2-4 p.m. – Game Day</td>
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<tr>
<td>♫ 8-11:30 a.m. – Woodcarving APAC Respite Program (call for time) ♫ 11:30 a.m.-12:30 p.m. – Broad Highway 12:30-3:30 p.m. – Mah Jongg ♫ 6-7:15 p.m. – Ukulele Jam</td>
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<td>♫ 12:30-3:30 p.m. – Chinese Mah Jongg</td>
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<tr>
<td>♫ 8:30 a.m.-3 p.m. – Foot Care 10-11:30 a.m. – Blood Pressure Check ♫ 11:30 a.m.-12:30 p.m. – Tuneful Tuesday Trio 12:45-1:45 p.m. – Daytime Bingo 2-4 p.m. – Game Day</td>
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<tr>
<td>♫ 8-11:30 a.m. – Woodcarving APAC Respite Program (call for time) 10:30 a.m.-noon – Brain Games 12:30-3:30 p.m. – Mah Jongg 1-2:30 p.m. – Caregivers Support Group</td>
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**MILWAUKIE COMMUNITY CENTER EVENTS & OFFERINGS**

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<tr>
<td>♫ 9:30-11 a.m. – Ukulele Jam</td>
<td>10-11:30 a.m. – Forgetfulness</td>
</tr>
<tr>
<td>10:30 a.m.-3 p.m. – Rice Museum</td>
<td>♫ Noon-2 p.m. – Mt. Dulcimer Jam</td>
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<td>12:30-3:30 p.m. – Party Bridge</td>
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<td>11 a.m.-2 p.m. – Otto and Anita’s</td>
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<td>♫ 9:30-11 a.m. – Ukulele Jam</td>
<td>10 a.m.-noon – It’s All About Memory</td>
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<td>9:30 a.m.-1 p.m. – Mt. Scott Creek</td>
<td>♫ 11:30 a.m-1:30 p.m. – Mary &amp; The Jazz Tones</td>
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<tr>
<td><strong>Sat. Jun. 22, 1-3 p.m.</strong> EVENT: Pollination Celebration</td>
<td><strong>Sun. Jun. 30, 4-8 p.m.</strong> EVENT: Celebrate Pride Drag Bingo</td>
</tr>
</tbody>
</table>

**SCHEDULES AND PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE. CONTACT US FOR THE LATEST UPDATES.**

(503) 653-8100

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**Are you looking for local realtor that will respond to your needs?**

**Give me a call!**

My team and I are here to help and guide you through this transition with the patience, professionalism and experience you deserve.

**Elder specialist since 2006.** Providing you with a customized approach to your real estate needs.

Andrew Nordby
Principal Real Estate Broker
Elder Specialist GRI, SRES
503-680-5291
Andrew@VikingPropertiesNW.com
www.vikingpropertiesnw.com
Licensed in Oregon #200503409
MILWAUKIE COMMUNITY CENTER FOUNDATION PRESENTS

CELEBRATE PRIDE

DRAG BINGO

FEATURING POISON WATERS

SUNDAY, JUNE 30 | 4-8 P.M.

SEE MORE INFORMATION ON PAGE 21.